

The Dinner (part 2)



Heini and Karkulin eat two **eggs** as a **starter**.



They make the **vegetable soup**. They don't have ingredients for a **cabbage soup**. Heini doesn't like **peas**, **lentils**, **beans** and **chickpeas**. Due to this, they can't make a **leguminous soup**. A **garlic** and **potato soup** are **disgusting** to bears.



„You don't like **peas**, **lentils**, **beans** and **chickpeas**. Do you like **tofu**, Heini?“ asks Karkulin.
„No, I don't. I prefer a **meat**,“ replies Heini.
„Heini, you **drink the green tea** very often. The green tea **contains chemical stuffs** „that can stimulate bone formation and help slow its breakdown.“¹ It is true. But tofu contains a lot of **calcium**. It is **healthy food**,“ says Karkulin to Heini.



„OK, we will have tofu tomorrow. Now, I **prepare the veal**,“ decide Heini.
„I like **beef**. **It tastes delicious!**“ rejoices Karkulin.
„It is **less fatty** than **pork** and it contains more **iron** than **chicken**,“ says Heini, „we make the **steaks**.“

¹ BAKER, S. Green Tea could Naturally Prevent and Treat Osteoporosis, Scientists Say. naturalnews.com [online]. Natural News, October 08, 2009 [cit. 17. 8. 2016]. Dostupné z: http://www.naturalnews.com/027194_tea_green.html .



And what for **side dish**?
Bears don't like **rice**.



And they don't have any **potatoes**.
They must eat their **meat** with a **bread**.



„The steaks are **ready**,“ calls Heini.



„And don't forget to eat various kinds of **vegetables**,
Karkulin!“ exclaims Heini and give Karkulin **a big slice of watermelon**. The question *What to eat for **dessert***? is solved.



After **dinner**, they go to bed and they immediately fall asleep.

VOCABULARY

egg	vejce
starter	předkrm
vegetable soup	zeleninová polévka
cabbage soup	zelná polévka
pea, peas (pl.)	hrách setý (semena), hrášek (mn. č.)
lentil, lentils (pl.)	čočka (semena), čočka (mn. č.)
bean, beans (pl.)	fazol, bob, fazole (mn. č.)
chickpea, chickpeas (pl.)	cizrna, cizrna (mn. č.) - rostlina i plody
leguminous soup	luštěninová polévka
garlic	česnek
potato soup	bramborová polévka
disgusting	nechutný, odporný
tofu	tofu
meat	maso
drink the green tea	pít zelený čaj
contain	obsahovat
chemical stuff	chemická látka
calcium	vápník
healthy food	zdravé jídlo, zdravá potravina
prepare the veal	připravit telecí maso
beef	hovězí maso
pork	vepřové maso
It tastes delicious.	Chutná to lahodně.
less fatty	méně tučné
iron	železo
chicken	kuře, kuřecí maso
steak	plátek masa, řízek, biftek, steak
side dish	příloha
rice	rýže
potato	brambora
bread	chleba



ready	hotový, připravený
vegetable	zelenina
a big slice of watermelon	velký plátek melounu
dessert	dezert, moučník
dinner	večeře, hlavní jídlo dne

